

Instructional Design document

Title: Talk like a Human: The Joys of People First Language

Objective: To educate participants on the importance of using people-first language when referring to individuals with disabilities and to provide opportunities for practice and reflection.

Duration: 30 minutes

Materials:

- Computer or other device with internet access
- Projector or screen
- Handouts (can be printed or shared digitally)
- Pen or pencil

Outline:

I. Introduction (5 minutes)

- Greet participants and introduce yourself
- Explain the purpose of the workshop
- Share your personal experience with the topic, if applicable

II. Defining People-First Language (10 minutes)

- Provide a definition of people-first language
- Explain why it is important to use people-first language
- Discuss how people-first language can be used to empower individuals with disabilities
- Use examples and anecdotes to illustrate the concept

III. Examples of People-First Language (5 minutes)

- Provide examples of people-first language
- Show how people-first language can be used in everyday conversations
- Explain the impact of using people-first language on the people being referred to

IV. Activity (5 minutes)

- Lead a brief activity where participants practice using people-first language
- Provide feedback and corrections as necessary
- Examples on the board, as for audience participate to adjust them.

V. Reflection and Resources (5 minutes)

- Ask participants to reflect on what they've learned and how they can apply it in their daily lives
- Provide a handout with resources on using people-first language
- Thank participants for their time and attention

Instructional Strategies:

- Lecture: Present information about the importance of people-first language and examples of how it can be used.
- Activity: Engage participants in a brief activity to practice using people-first language.
- Reflection: Allow participants to reflect on what they've learned and how they can apply it in their daily lives.

- Resources: Provide handouts with additional resources for participants to continue learning about people-first language.

Assessment:

- No formal assessment is required for this workshop, but you can gauge participant understanding and engagement through questions and discussion.